



## Remote music session guide

We are using zoom for our remote music sessions. You will receive an email with a unique code and password, this will be your code for every HMM session you attend. This guide will give you an overview of the setting that work best for group and individual music sessions and some guidance to keep everyone safe.

### Settings:

Sound settings – go to ‘settings – audio – advanced’ on the zoom app.

Ensure all settings are as below.

- Show in-meeting option to "Enable Original Sound" from microphone

### Audio Processing

[Restore Defaults](#)

Suppress Persistent Background Noise <sup>?</sup>	Disable <sup>▼</sup>
Suppress Intermittent Background Noise <sup>?</sup>	Disable <sup>▼</sup>
Echo Cancellation	Auto <sup>▼</sup>

Use ‘gallery view’ unless otherwise instructed in sessions, this will allow you to see all participants and practitioners.

### During a session:

The host will admit you to the main session from the waiting room at your allocated time.

- Please dress to attend the session as you would when attending in person.
- Where possible, find a quiet space with few distractions to attend the sessions from.
- An adult must be present to check in at the start and the end of every session.
- Sessions should not be recorded by participants, unless given specific instructions.

Our usual child protection procedure remains unchanged, this document serves as an additional guide.